



Dr. Joshua Alpert

Sports Medicine Orthopedic Surgeon Board Certified

Dr. Alpert is a board-certified, fellowship-trained orthopedic surgeon who completed his sports medicine fellowship at Harvard/Massachusetts General Hospital. He currently cares for student athletes at Judson University, Larkin, Elgin, and Dundee Crown High Schools, as well as the Chicago Inferno Soccer Club. Castle Connolly named Dr. Alpert Top Doctor for five years running, and Top Orthopedic Doctor last year.

Dr. Alpert's primary focus is on getting his patients back to their activities quickly, whether using non-invasive treatments such as platelet-rich plasma (PRP) and stem cell therapies or minimally invasive surgical techniques. When conservative care has been unsuccessful, he performs knee arthroscopy (in the case of meniscus or ACL tears) and shoulder arthroscopy (for rotator cuff or labral tears), as well as shoulder replacements for arthritis.

In addition to treating sports injuries, Dr. Alpert commonly sees patients with work-related injuries and performs independent medical examinations and impairment ratings.

A lifelong athlete, he understands his patients' desire to return to work, school, life, and sports not only healed but better than before their injury.

"My specialties include treating injuries via minimally invasive arthroscopic techniques. I treat everything from shoulder, elbow and wrist, to knee and ankle. I am also the team doctor for several local high schools, as well as Judson University."

Joshua Alpert, MD, FAAOS

Dr. Alpert specializes in workers' compensation evaluations related to injuries in the shoulder and knee. He works closely with his patients to return them to their normal activities as quickly and safely as possible.

Dr. Alpert performs many of his surgeries at FVO's Ambulatory Surgery Center. This allows him to cut costs considerably for patients, keeping procedures efficient in cost and allowing for minimal exposure to a hospital environment.

Dr. Joshua Alpert
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Dr. Joshua Alpert's Office Locations

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1710 N. Randall Rd., Suite 140, Elgin, IL 60123 | (224) 293-1170

EDUCATION

Fellowship

Massachusetts General/Harvard
Boston, MA

Residency

Rush-Presbyterian-St. Luke's Medical Center
Chicago, IL

Medical School

Chicago Medical School
North Chicago, IL

Pre-Med

University of Illinois
Urbana-Champaign, IL

MEMBERSHIPS

American Academy of Orthopedic Surgeons (AAOS)
American Orthopedic Society for Sports Medicine (AOSSM)
Illinois State Medical Society

HOSPITALS

Staff, AMITA Health, Saint Joseph Hospital, Elgin, IL
Staff, Advocate Good Shepherd Hospital, Barrington, IL
Staff, Advocate Sherman Hospital, Elgin, IL
Staff, Algonquin Road Surgery Center, Lake in the Hills, IL
Staff, Fox Valley Orthopedics, Ambulatory Surgery Center, Geneva, IL



Fox Valley Orthopedics

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